

Session #6

By Marie Duncan

Our three blocks today include the Multi-Line Decorative Foot, the Specialty Candlewicking Foot and the Spanish Hemstitch foot. We will also use the 4mm Rolled Hem foot to finish the edges of the strips before we join them with Spanish Hemstitching.

The fabric strips we will use for the Spanish Hemstitching will come from the two yards for the border/Spanish Hemstitch fabric.



Supplies:

- INSPIRA® Tear Away Light Stabilizer 620112796
- Multi-Line Decorative Foot 920616096
- Specialty Candlewicking Foot 413162345
- Spanish Hemstitch Foot 413064845
- Narrow Hem Foot 5mm 411851745
- Robison-Anton rayon embroidery thread
- Robison-Anton cotton thread
- Bobbin thread
- Pictogram Pen



Square I- Multi-Line Decorative foot:

The Multi-Line Decorative foot is great when you want to sew rows. You can use it for straight lines, such as making stripes or squares, but it's especially good when you are following curves or irregular shapes like our block today. The different lines allow you to adjust the distance between your lines as you like.



1. Select one of your 9" x 9" squares.
2. Thread with Robison-Anton rayon embroidery thread on top and bobbin thread in the bobbin.


3. Snap on your Multi-Line Decorative Foot. If you have one of the older feet, it may have a 7mm width. If so, you will need to limit the width of your stitches.
4. Place INSPIRA® Tear Away Light Stabilizer underneath your fabric.

5. I used two stitches. D17  and D15 . Start with D17 and stitch a wavy line from corner to corner. If you aren't comfortable winging it, you can draw a line with your Pictogram pen or chalk.



6. Next, you want to align the outer mark on your foot with the outer line of the foot.



7. Then select D15 . This is a directional stitch. You will need to start at the same end on all the rows. Or if you want an adventure, do continuous U-turns so you have the rows alternating.



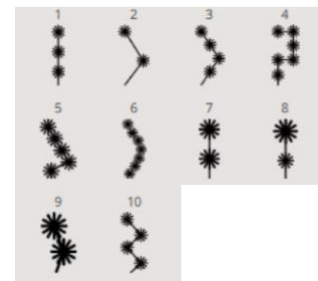
8. Fill your block with stitching.
9. Tear off the excess stabilizer.

Square 2- Specialty Candlewicking Foot

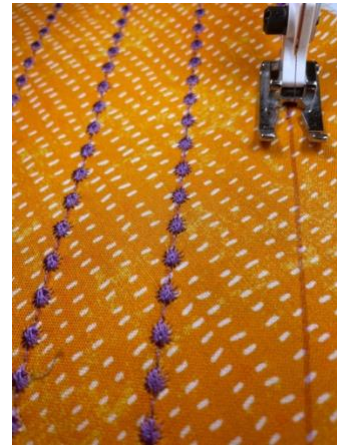
The Specialty Candlewicking foot is named for the fact that it has a wide tunnel on the bottom that will accommodate the bigger candlewick stitches. The original Candlewicking foot had a narrow groove/tunnel and there was only one, narrow stitch. We've come a long way with the stitches, both here on the machine, and also from the original Candlewick stitch that was done by the pioneer women who used candle wicking cotton "thread" to stitch French knots on their plain muslin fabric. It gave the fabric interest and design, when they didn't have the variety of different colored fabrics available to them like we have today.




The Candlewick stitches are part of the Specialty Stitches Menu P. This menu has stitches that require presser feet that are optional and aren't included with your machine.




1. Choose a 9" x 9" square for this block.
2. Thread with Robison-Anton thread on top and bobbin thread in the bobbin.
3. Snap on your Specialty Candlewicking foot.
4. Mark diagonal lines on your fabric, 1" apart, with your Pictogram pen.



5. Select P7 .
6. Place INSPIRA® Tear Away Light Stabilizer underneath your fabric.
7. Stitch on the marked lines.

8. Thread with a different color of Robison-Anton rayon thread on top.



9. Select P1 .
10. Stitch between the stitched rows.
11. Tear off the excess stabilizer.

Square 2- Spanish Hemstitch Foot and the 5mm Narrow Hem Foot

The Spanish Hemstitch foot joins two finished edges with an open, decorative stitch. For this block we are going to use strips, and join them together. We will finish the edge of the strips with the 5mm Narrow Hem foot before we join them with the Spanish hemstitching.



Cut:

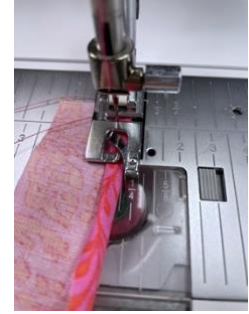
Three strips 1 1/2" x 72" from along the selvage edge of the 2 yards for the border/Spanish Hemstitch fabric. Cut off the selvage first, then cut the three strips.

1. Snap on your 5mm Narrow Hem Foot.
2. Thread with Robison-Anton cotton thread top and bobbin.



3. Select stitch A2.

4. Fold a double hem as the foot is going to do at the beginning of your strip as shown.

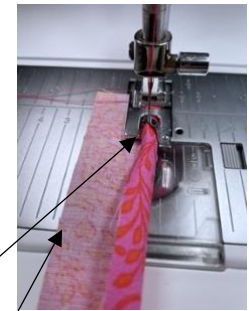


5. Place the folded hem all the way under the foot. Don't try to put it into the roller portion of the foot.

6. Hold the threads as you begin and stitch a few stitches until your machine is feeding by itself. Stop with the needle down.

7. As the foot raises, tug the fabric up into the roller.

8. Continue stitching holding the fabric vertically in front of the foot with the raw edge of the fabric aligned with the left side of the front opening of the foot.



9. Because we are stitching a strip (verses a table cloth), guide your fabric by watching the left edge of the fabric strip and aligning it with the mark on your needle plate. Stitch the complete strip.

10. Stitch the other side of the strip as you did the first one.

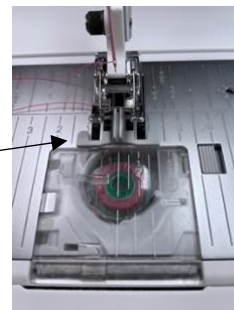
11. Stitch a total of three strips.

12. Cut them into 12" strips. We need a total of fourteen 12" strips.



13. Select A25. Adjust the stitch width to 6.0.

14. Snap the distance plate onto the needle plate by placing the prongs into the holes in the plate. Be sure the plate doesn't cover the feet teeth. Snap on the Spanish Hemstitch plate.



15. Place the strips on each side of the distance plate. Hold your threads, and begin to sew. Keep the strips against the distance plate as you sew.

16. Continue until all your fourteen strips are joined.
17. Our block is going to be on the diagonal. We need a fabric square underneath the strips to fill in the open area, and show off our stitching. So, choose one of your 9" x 9" squares and place it diagonally underneath the strips as shown. Pin.



18. Straight stitch down the center of each strip securing the layers together.
19. Trim the ends of the strips even with the 9" x 9" block.

